



# Day ONE YOU MATTER

## READ

So God created human beings in his own image.  
In the image of God he created them;  
male and female he created them.  
Genesis 1:27 NLT

## THOUGHTS

Did you know that you were made in the image of God? He thought you up, created you, and put you on this earth. You are the ONLY you that there ever was, is, or ever will be. That's a pretty cool thought, right? God loves you so much that He created you in His image, to be like Him. That makes you pretty special, and 100% unique. God knew the world needed a "you", and here you are!

Before you were even born, God knew who you would be—what you would look like, your likes and dislikes, and even what you would be when you grew up. He put you together, every part of you, when you were a tiny baby being formed in your mom.

You matter, you are loved beyond measure, and you fill a special spot here in the world that only you can fill. When you ask Jesus into your heart, He even gives you an extra special mission, to go out into the world and tell others about Him, using YOUR special talents and gifts—the ones that only you have!

## PRAYER

Thank you, God, for making me extra amazing and special in your image! Help me and guide me to be exactly who you made me to be. Give me the courage to tell others about you! Amen.





# Day TWO

## OWN YOUR THOUGHTS

### READ

Always be joyful.  
1 Thessalonians 5:17 NLT

### THOUGHTS

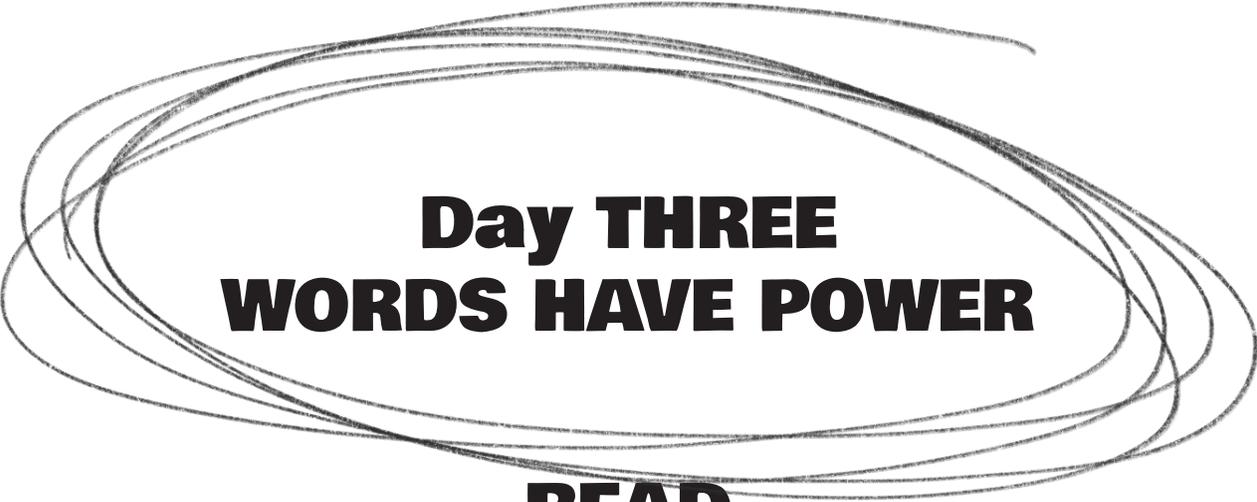
Do you always feel happy? I'm guessing the answer to that question is a resounding "no" from everyone. We can't always feel happy because things don't always go our way. We don't always get what we want, do we?

God says in the Bible to ALWAYS be joyful. That's a pretty big command, right? It seems impossible to be happy ALL the time.

But God says we can change our mindset—we can own our thoughts! Our thoughts are powerful, and with God's help, we can have joy even when we don't feel like it. So, the next time you feel like saying something negative, complaining, or responding to someone in a grumpy way, say a prayer and ask God to change your heart to be joyful!

### PRAYER

God, I know I'm not always going to feel joyful, but help me to change my attitude to joy even when I don't feel like it. Help me to always do what is right! Amen.



# **Day THREE**

# **WORDS HAVE POWER**

## **READ**

Kind words heal and help;  
cutting words wound and maim.  
Proverbs 15:4 MSG

## **THOUGHTS**

Words are so powerful! They have the power to either encourage and be helpful, or the wrong words can cause hurt. Every day, thousands of words come out of our mouths—and we CHOOSE the words we will say. Once our words are out of our mouths, we can't take them back!

You always have a choice in the words you use! When you're angry, you might be quick to say something cutting or hurtful. But even when you feel like saying something negative or unhelpful, you have a choice to act on that, or to instead say words that build one another up!

## **PRAYER**

God, thank you for giving me the choice in the words that I use every day.  
Help me to use my words for good & to help others! Amen.





# Day FOUR NEVER ALONE

## READ

Don't panic. I'm with you. There's no need to fear for I'm your God. I'll give you strength. I'll help you. I'll hold you steady, keep a firm grip on you.

Isaiah 41:10 (MSG)

## THOUGHTS

Ever feel alone? Maybe not just physically alone, but like you are living your life on your own—that no one is in your corner fighting for you.

Here's some good news for you—God has promised that we are NEVER alone! Starting in a new school where you don't know anyone? He's with you! Your family going through a hard time? He's with you!

He has promised to give you strength when you feel like you are weak. He has promised to never let you go, in the good times and the hard times.

No matter what you're going through, God desires to help—all you have to do is ask!

## PRAYER

Thank you, Lord, for being with me every moment of every day, all the time. Thank you for your promises in the Bible, and for fighting with me in the hard times so I don't have to face it alone. Amen.





# Day FIVE POWERFUL PRAYER

## READ

When you call on me, when you come and pray to me, I'll listen.  
Jeremiah 29:12 MSG

## THOUGHTS

When you are happy and celebrating, or when you are facing problems in your life, who do you automatically go to to share your feelings with? Maybe it's a parent, a sibling, a best friend.

God tells us in the Bible that He wants to be our best friend, He wants you to talk to him like you would talk to your closest friends and family. Share your joys, your worries, your problems, your desires—everything! He listens to us and answers our prayers!

God is always listening—prayer is like our direct line to God! That's pretty amazing, right? You don't have to ask anyone to talk to God, you don't have to be a king, president, or celebrity to talk to Him—He wants you just as you are!

## PRAYER

Lord, thank you for always listening to me and answering my prayers. Thank you for being my best friend, and loving me even when I mess up! Amen.

